



Risk Assessment for 'Kingston on Soar - West Leake' Time Trial Circuit

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| <p>Course/Road(s) Assessed: Kingston on Soar – West Leake – Kingston on Soar This 5.2 mile circuit uses the unclassified roads of Station Road direction Sutton Bonington, Melton Lane direction West Leake, Pithouse Lane direction West Leake, Brickyard Lane direction East Leake, Dark Lane becoming West Leake Lane direction New Kingston, Gotham Road direction Kingston on Soar.</p> | <p>Course: Local to: Velo Club Long Eaton</p> |
| <p>Date of Assessment/Review: 23 March 2015</p> | <p>Name of Assessor: Brian Peto</p> |

Course Description: Velo Club Long Eaton Thursday evening 10 mile Time Trials - Two laps of five miles.
START: At dropped kerb at the gateway to University of Nottingham Dairy Centre, Station Road, Kingston on Soar. **PROCEED** along Station Road in a southerly direction towards Sutton Bonington, at the crossroads, **TURN LEFT** into Melton Lane and **PROCEED** in an Easterly direction to pass 'The Star' public house and **TURN LEFT** into Pithouse Lane direction West Leake, **PROCEED** towards West Leake village to **TURN LEFT** into Dark Lane, **PROCEED** in a northerly direction along Dark Lane becoming West Leake Lane to New Kingston crossroads **TURN LEFT with GREAT CARE** into Gotham Road and **PROCEED** in a Westerly direction to Kingston on Soar to **TURN LEFT** and leave Kingston on Soar on Station Road direction Sutton Bonington to complete first lap. **PROCEED** on second lap of the above course to **FINISH** at 30 mph sign just before bridge in Kingston on Soar at 10 miles.

Course Description: For Velo Club Long Eaton Sunday morning 15.75 mile Hilly Time Trial – Three laps of five miles.
START/FINISH: At the designated point on the large layby in Melton Lane. **PROCEED** on Melton Lane in an Easterly direction to pass 'The Star' public house and **TURN LEFT** into Pithouse Lane direction West Leake. **PROCEED** in a northerly direction towards West Leake village and **TURN LEFT** into Dark Lane. **PROCEED** in a Northerly direction on Dark Lane becoming West Leake Lane to New Kingston crossroads **TURN LEFT with GREAT CARE** into Gotham Road and **PROCEED** on Gotham Road in a Westerly direction to Kingston on Soar to **TURN LEFT** and leave Kingston on Soar on Station Road direction Sutton Bonington. **PROCEED** in a Southerly direction towards Sutton Bonington, at the crossroads **TURN LEFT** into Melton Lane and **PROCEED** in an Easterly direction to pass the **START/FINISH** area and commence lap two, repeat once more to complete the third and final lap at the designated **FINISH** at the large layby in Melton Lane. 15.75 miles



Risk Assessment for 'Kingston on Soar - West Leake' Time Trial Circuit

Course Description: For VCLE Thursday evening 25 mile Time Trials.

START: in Dark Lane becoming West Leake Lane at the junction with Wossock Lane, opposite a Green gatepost. **PROCEED** in a Northerly direction on Dark Lane becoming West Leake Lane to New Kingston crossroads **TURN LEFT with GREAT CARE** into Gotham Road. **PROCEED** on Gotham Road in a Westerly direction to Kingston on Soar to **TURN LEFT** to and leave Kingston on Soar on Station Road direction Sutton Bonington. **PROCEED** in a Southerly direction towards Sutton Bonington, at crossroad **TURN LEFT** into Melton Lane and **PROCEED** in an Easterly direction to pass 'The Star' public house and **TURN LEFT** into Pithouse Lane direction West Leake. **PROCEED** in a northerly direction towards West Leake village and **TURN LEFT** into Dark Lane. **PROCEED** in a Northerly direction on Dark Lane becoming West Leake Lane direction New Kingston to pass Start and complete one lap. Commence lap two and repeat for laps three four and five to **FINISH** at the designated point in Melton Lane opposite lamp post at number 68 Melton Lane. **25 miles**

Traffic Flows:

At the time of this Risk Assessment a Traffic Count is considered to be unnecessary by reason of:

- 1) The events are ridden on unclassified roads where traffic flows are normally low over the whole course circuit; and,
- 2) the 10 mile Time Trial events are held in the early evenings between April and end of August when observed traffic flows are normally low; and,
- 3) the 15.75 mile Hilly Time Trial is an annual event held on a Sunday morning in early March when observed traffic flows are normally low; and,
- 4) the 25 mile Time Trial events are held in the early evenings during June each year when observed traffic flows are normally low.

Course/Event History:

- The 'West Leake, New Kingston, Kingston on Soar, West Leake' Time Trial circuit has been used for evening time trials by Velo Club Long Eaton (Thursdays), Beeston RC and Beeston CC (Tuesdays) and Loughborough Phoenix CC (Wednesdays) for many years.
- The Time Trial circuit is a 5.2 mile circuit comprised completely of unclassified country roads. A map detailing the course accompanies this Risk Assessment.
- Vehicular traffic on these unclassified roads is normally low at all points of the circuit. However, traffic hold ups and construction activity on the nearby A453 may occasionally serve to increase vehicular activity on the Gotham Road.
- The Time Trial circuit is used by Velo Club Long Eaton for their annual Hilly 15.6 mile Time Trial on a Sunday in early March each year. between the hours of 10.00am and noon of the relevant date.
- The Time Trial circuit is used by Velo Club Long Eaton for their 10 and 25 mile Time Trials on Thursday evenings from 18.30 until 20.00 between the 1st Thursday in April until the last Thursday in August each year.
- Competitors will be advised of adherence to the 'rules of the road' and of any identified safety issues at the 'signing-on'.
- Singing on is held at an 'off road' area away from the Start and Finish areas. Competitors are advised to congregate/wait in the 'off road' area before proceeding to the start and after completing the event.



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| Location | Identified Significant Risk/Hazards | Level of Risk Low/Med/High | Measures to reduce Risk (if applicable) |
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| START: 10 mile TTs In Station Road Kingston on Soar at a gateway to University of Nottingham Dairy Centre. | Vehicular traffic passing by officials, riders waiting to start and spectators. | Low | <ol style="list-style-type: none"> Cycle Event sign at side of road 100 metres before START to inform vehicles of cycle event. Officials to wear hi-viz jackets/bibs. Wide gateway and foot path available for officials, waiting competitors and spectators. |
| START: 15.6 mile Hilly TT in Melton Lane adjacent to large layby. | Vehicular traffic passing by officials, riders waiting to start and spectators | Low | <ol style="list-style-type: none"> Cycle Event sign at side of road 100 metres before START to inform vehicles of cycle event. Officials to wear hi-viz jackets/bibs. A wide 'off road' area is available for officials, riders waiting to start and spectators. |
| START: 25 mile TTs in Dark Lane/West Leake Lane at junction with Wossock Lane. | Vehicular traffic passing by officials, riders waiting to start and spectators | Low | <ol style="list-style-type: none"> Cycle Event sign at side of road 100 metres before START to inform vehicles of cycle event. Officials to wear hi-viz jackets/bibs. A wide 'off road' area is available for officials, riders waiting to start and spectators |
| LEFT TURN into Gotham Road at New Kingston crossroads. Give Way and view of traffic approaching from right partially obscured by hedgerows. | Riders must be prepared and able to stop for traffic approaching from the right. | Med | <ol style="list-style-type: none"> Riders informed at start. Whenever possible a Marshal will be in position at crossroads to direct riders and provide visual alert to vehicular traffic. Cycle Event sign positioned on Gotham Road 100 mtrs before junction where riders emerge. |
| LEFT TURN in Kingston on Soar. | Occasional parked car | Low | <ol style="list-style-type: none"> Riders informed at start |
| LEFT TURN at Station Road crossroads into Melton Lane. | Traffic approaching the cross roads from all directions. | Low | <ol style="list-style-type: none"> Cycle Event sign positioned at entry to Melton Lane to alert motorists. |
| LEFT TURN into Pithouse Lane direction West Leake. | Adverse camber, poor road surface. | Low | <ol style="list-style-type: none"> Riders informed at start. |



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| LEFT TURN into Dark Lane. | Oncoming vehicles and limited view of exit line. | Low | 1. Riders informed at start. |
| START AREA at commencement of subsequent laps | Early riders passing through Start Area whilst later riders waiting to be set off. Officials and spectators milling about. | Low | 1. Riders informed at the start. |
| FINISH AREAS: | Passing vehicular traffic. Riders and spectators congregating at finish area Officials and spectators milling about. | Low | 1. Cycle Event sign positioned to warn motorists of Finish area. 2. All riders advised no stopping or congregating at the finish area. |

NOTES: The numerous small junctions or entrances to houses, farms/ facilities (garage, eateries etc) that are not identified in this risk assessment are identified and acknowledged, they are not considered to present a significant risk to rider safety and therefore have not been noted.