



Risk Assessment for "Kingston on Soar – East Leake – Kingston on Soar" Time Trial Course



<p>Course/Road(s) Assessed: Kingston on Soar – East Leake – Kingston on Soar This 10 mile course uses the unclassified roads of Gotham Road direction Gotham, Gypsum Way direction East Leake, Leake Road direction East Leake, turn at the 1st estate traffic island and return to Kingston on Soar via the same route.</p>	<p>Course: Local to: Velo Club Long Eaton</p>
<p>Date of Assessment/Review: 23 March 2015</p>	<p>Name of Assessor: Geoff Carter</p>
<p>Course Description: Velo Club Long Eaton Thursday evening 10 mile Time Trials – Kingston on Soar to East Leake, return to Kingston on Soar START: In Kingston on Soar at the Green by the village bench at the end of the kerb stone. PROCEED along Gotham Road in a easterly direction towards Gotham. At 1st traffic island TAKE 2nd EXIT onto Gypsum Way and PROCEED to 2nd traffic island. At 2nd traffic island TAKE 2nd EXIT into Leake Road and PROCEED towards East Leake TURN at 1st traffic island TAKE 4th EXIT and RETURN to Kingston on Soar. RETRACE ROUTE along Leake Road. At 1st traffic island TAKE 1st EXIT onto Gypsum Way and PROCEED to 2nd traffic island. At 2nd traffic island TAKE 1st EXIT into Gotham Road and PROCEED in a westerly direction towards Kingston on Soar. In Kingston on Soar BEAR LEFT at the Green to FINISH at lamp post no 12 on the left. (10 miles)</p>	



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Traffic Flows:

At the time of this Risk Assessment a Traffic Count is considered to be unnecessary by reason of:

- 1) The events are ridden on unclassified roads where traffic flows are normally low over the whole course; and,
- 2) the 10 mile Time Trial events are held in the early evenings between April and end of August when observed traffic flows are normally low

Course/Event History:

- The 'Kingston on Soar – East Leake - Kingston on Soar Time Trial course has been used for evening time trials by Velo Club Long Eaton (Thursdays) for many years.
- The Time Trial circuit is a 10 mile out and back course comprised completely of unclassified country roads. A map detailing the course accompanies this Risk Assessment.
- Vehicular traffic on these unclassified roads is normally low at all points of the circuit. However, traffic hold ups and construction activity on the nearby A453 may occasionally serve to increase vehicular activity on the Gotham Road.
- The Time Trial circuit is used by Velo Club Long Eaton for their evening 10 mile Time Trials from 18.30 until 20.00 between the 1st Thursday in April until the last Thursday in August each year.
- Competitors will be advised of adherence to the 'rules of the road' and of any identified safety issues at the 'signing-on'.
- Signing on is held at Kingston on Soar village car park, away from the Start and Finish areas. Competitors are advised to congregate/wait in a line at the start at the village green and to return to the car park on completion of the event



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Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
START: In Gotham Road, Kingston on Soar at a bench /kerb stone at the Green.	Vehicular traffic passing by officials, riders waiting to start and spectators.	Low	<ol style="list-style-type: none"> 1. Cycle Event sign at side of road 100 metres before START to inform vehicles of cycle event. 2. Officials to wear hi-viz jackets/bibs. 3. Competitors advised to wait in an orderly line for starting off
2.48 miles. RIGHT TURN and Give Way at 3 way mini roundabout onto Gypsum Way. Good visibility of approaching traffic	Riders must be prepared and able to stop for traffic approaching from the right.	Low/Med	<ol style="list-style-type: none"> 1. Riders informed at start. 2. Cycle Event sign warning approaching motorists
3.34 miles. RIGHT TURN and Give Way 3 way mini roundabout onto Leake Road. Visibility of approaching traffic obscured	Riders must be prepared and able to stop for traffic approaching from the right.	Med	<ol style="list-style-type: none"> 1. Riders informed at start 2. Cycle Event sign warning approaching motorists
5.01 miles. ROUNDABOUT AND TURN at 1ST estate island at approach to East Leake village	Riders must be prepared and able to stop for traffic approaching from the right.	Low	<ol style="list-style-type: none"> 1. Riders informed at start 2. Cycle Event sign warning approaching motorists.
6.69 miles. LEFT TURN and Give Way at 3 way mini roundabout onto Gypsum Way. Good visibility of approaching traffic	Riders must be prepared and able to stop for traffic approaching from the right.	Low	<ol style="list-style-type: none"> 1. Riders informed at start 2. Cycle Event sign warning approaching motorists.
7.54 miles. LEFT TURN and Give Way at 3 way mini roundabout onto Gypsum Way. Good visibility of approaching traffic	Riders must be prepared and able to stop for traffic approaching from the right.	Low	<ol style="list-style-type: none"> 1. Riders informed at start 2. Cycle Event sign warning approaching motorists.



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<p>10 miles. BEAR LEFT at Kingston Green to FINISH at Lamp post no. 12 immediately on the Left. Good visibility of approaching traffic</p>	<p>Oncoming vehicles and limited view of exit line.</p>	<p style="text-align: center;">Low</p>	<ol style="list-style-type: none"> 1. Riders informed at start 2. Cycle Event sign warning approaching motorists. 3. The finish is situated on a footpath where riders and spectators may congregate in small numbers safely. 4. Riders advised to proceed to the Village Hall car park and await results.
<p style="text-align: center;">START AREA</p>	<p>Passing vehicle traffic. Official and spectators milling about</p>	<p style="text-align: center;">Low</p>	<ol style="list-style-type: none"> 1. Riders informed at start
<p style="text-align: center;">FINISH AREA</p>	<p>Passing vehicle traffic. Riders and spectators congregating at finish area. Official and spectators milling about</p>	<p style="text-align: center;">Low</p>	<ol style="list-style-type: none"> 1. Cycle Event sign warning approaching motorists of the finish area. 2. All riders advised no stopping or congregating at the finish area.

NOTES: The numerous small junctions or entrances to houses, farms and buildings that are not identified in this risk assessment are identified and acknowledged, they are not considered to present a significant risk to rider safety and therefore have not been noted.